



The Journey is the Destination . . .

The Importance of Expression for Learning

Together we have explored the journals of Dan Eldon. On the surface Dan's pages are explosive, colourful, and even chaotic! Yet, when we look at his pages we find Dan's raw expression of the world around him.

Expression is the most important part of being a human being. We express ourselves in many different ways – through music, dress, paintings and attitudes.

Using Dan's journals as a model, this activity asks you to create your own journal. This journal will represent you, however you wish to

express that.

How will you design your journal? What will be your starting point? What colours will you use? bright? dark? Any Images? Words? Objects? Will your journal be neat? messy? ripped? crumpled?

Some things to keep in mind:

1. Starting is the hardest part – pick a moment in your life that defines you, or create a timeline (different pages representing different ages).
2. Be messy! Don't be afraid to include "things" on your pages (sticks, dirt, wrappers, objects, etc.).
3. Make this assignment something that you will hand down some day to say "This is who I am."



Why are we doing this?

Learning about ourselves teaches us how we learn.

If we don't know where we are coming from as individuals, how can we hope to understand where we are going as students?

This assignment asks you to stop and take a hard look at yourself as an individual – what makes you tick? By looking at how you express yourself in your journal it is hoped that you will discover how you learn.

So . . .

Discovering the way you express yourself

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Discovering your learning style

